

# 2008 AEF/56th CDM

## Fast Facts



### Hotel information and reservations

Embassy Suites  
100 Capitol Mall  
Sacramento  
(916) 326-5000

- Check in 4:00 p.m. / Check out 12:00 p.m.
- Cooked to order breakfast
- Nightly Manager's Reception
- Pool/Whirlpool
- Fitness Center
- Business Center
- High Speed Internet
- WiFi capabilities
- Wheelchair Accessible
- On-site Dining

### Parking

Self parking: \$24, public garage  
Valet parking: \$18, overnight

### Airport

**Sacramento Int'l Airport – approximately 10 - 15 minutes drive time**

**Directions:** Take I-5 south and exit J Street. Turn right on 3rd Street and turn right on Capitol Mall. Hotel is on the left.

**Complimentary airport transportation - Call hotel when you arrive (916) 326-5000.**

### Other Transportation to and from the Airport

Limousine – approximately \$85.00  
Taxi – approximately \$30.

### Driving Directions

**From North** - take I-5 going south; exit J Street heading east. Turn right on 3rd Street and turn right on Capitol Mall. Hotel is on the left.

**From South** - take I-5 going north; exit J Street heading east. Make a sharp right onto 3rd Street and turn right on Capitol Mall. Hotel is on the left.

**From East** - take I-80 heading west. Take I-5 south; exit J Street heading east. Turn right on 3rd Street and turn right on Capitol Mall. Hotel is on the left.

**From West** - take I-80 heading east. Take Capitol Freeway. Take I-5 north; exit J Street heading east. make a sharp right onto 3rd Street and turn right on Capitol Mall. Hotel is on the left.

## Agenda at a Glance

### Friday, June 20

8:00 a.m. - Welcome and introductions, with AlVerta Harty CPS/CAP, CAM, California Division President, IAAP

8:15 a.m. - *It's Just a Dance - Simple Strategies for Achieving Success*, with "Max" Kathleen Latham

10:00 a.m. - Workshop: *Healthy Conflict: Why Appropriate Conflict is Important*, with Cheri Pierre

12:20 p.m. - Certification Luncheon and *Communication Bleeps and Blunders in Business*, with Todd Hunt

2:45 p.m. - Workshop: *Microsoft Office 2007 in Your Future* with J.J. (Joseph) Antequino of Microsoft Corp.

4:30 p.m. - Exhibitor Expo, Welcome Reception, and Buffet

4:30 p.m. - Division Meeting Overview

### Saturday, June 21

7:30 a.m. - Division Members-at-Large Meeting

8:00 a.m. - Parliamentary Briefing

8:30 a.m. - Opening Ceremonies, and *Achieve Your Highest Potential in Wellness and Fitness*, with Lorri Ann Code-Myers, Certified Life and Career Coach, Certified Fitness Trainer, and Pilates Instructor

10:30 a.m. - Division Meeting Business Session

12:15 p.m. - Networking Luncheon and *Capitalize on Your Golden Future*, with Elnor Hickman, Past International President, IAAP

2:15 p.m. - Division Meeting Business Session, Election of Officers, and *The State of the Association*, with Karlana Rannals CAP, Southwest District Director, IAAP

6:00 p.m. - Pre-Banquet Reception

7:00 p.m. - Installation and Awards Banquet

### Sunday, June 22

8:00 a.m. - *It's GOLDEN*, with Rebecca Pace

10:00 a.m. - Leadership Workshop with your IAAP California Division Board of Directors

## Recommended Dress

All events will be in an air conditioned environment, it is suggested you dress in layers. The recommended dress for the meeting is as follows:

Daytime Friday, Saturday, and Sunday: Business

Evening Friday: Casual

Evening Banquet Saturday: Semi-Formal

## First Time Attendees

Make your first stop the Hospitality Room – all your questions/concerns will be answered.

## Hospitality Room

Visit the Hospitality Room to renew old acquaintances, make new friends or find a local dining or shopping location. The hospitality room will be “Information Central” for both first timers and meeting veterans.

### Registration and Hospitality Hours

Thursday - 3 to 7 p.m.

Friday - 7 a.m. to 6 p.m.

Saturday - 7 a.m. to 4 p.m.

## Early Arrivals – Trips & Tours

Triple-A Baseball: Sacramento River Cats v. Fresno Grizzlies

Thursday, June 19, 7:05 p.m., Raley Field

Cost: \$20, not included in AEF/CDM Complete Package

*Raley Field is within walking distance of the Embassy Suites, or you can drive.*

Parking not included.

## Interesting Sites

- ♥ Old Sacramento is filled with specialty shops, museums, entertainment, restaurants and attractions (1 Blk)
- ♥ The Downtown Plaza Mall has over 100 stores for that “shop-a-holic” in everyone (.2miles)
- ♥ The Delta King or The Spirit of Sacramento both have sightseeing tours of the Sacramento River (1 Blk)
- ♥ Our State Capitol is a beautiful historic building. Take a tour (.5 Miles)
- ♥ Towne Ford Museum – An automotive history and collection of antique Ford cars (1Blk)
- ♥ Crocker Art museum - The oldest public art museum west of the Mississippi River (1Blk)
- ♥ Sutters Fort and Indian Museum – Once a flourishing agricultural empire, the fort has been restored to its former state and is open daily for tours. // The Indian Museum displays exhibits and artifacts illustrating the cultures of the state’s first inhabitants (.2 Miles)
- ♥ California State Railroad Museum - Preserves the history and artifacts of railroading (.2 Miles)
- ♥ California Military Museum - Traces Californians' roles in the military throughout U.S. history (.5 Miles)



CALIFORNIA DIVISION